Sleeping respiratory rate chart

Breaths per minute while your pet sleeps or rests, counted the same way each time. Bring it to every check-up.

This chart doesn't say what is normal. Ask your vet what range is normal for your pet and when to call, and write it below.

Your pet

Name

Dog or cat, breed

Vet

Clinic phone

What your vet told you

Range your vet gave for this pet (breaths per minute, asleep)

When to call the vet

How often and when to count

Breathing log

Date	Time	Asleep or resting	Breaths counted	Seconds counted	Breaths per minute	Notes

Pettify pettifyapp.com

Pettify can remind you to count at the same time every day, and keeps your notes with photos in your pet's diary.

Owner's personal record, not a veterinary document. Normal values and when to seek care come from your vet.

App Store

Sleeping respiratory rate chart

Name _____

Breathing log, continued

Date	Time	Asleep or resting	Breaths counted	Seconds counted	Breaths per minute	Notes

How to count

- Count the same way each time: while your pet is asleep or relaxed, or as your vet showed you.
- Watch the chest: one rise and fall is one breath.
- Count for 30 seconds and multiply by 2, or count for a full minute.
- Plot each count on page 3. If a count is outside the range your vet gave, do what your vet told you to do.

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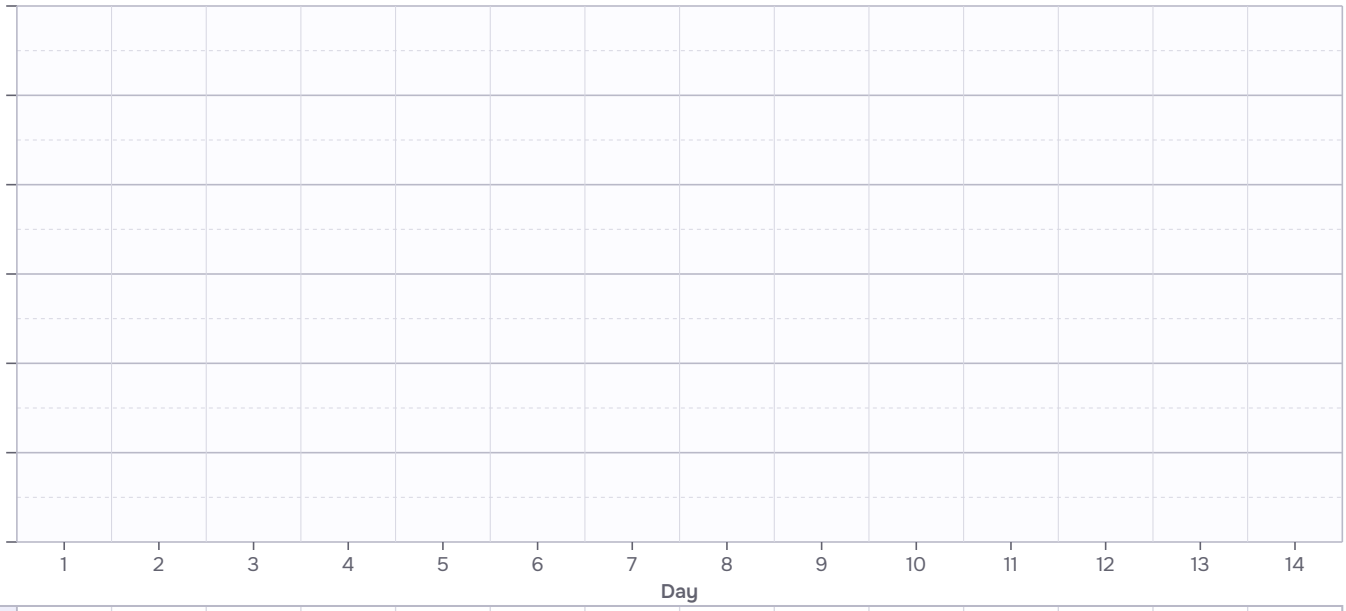
App Store

Sleeping respiratory rate chart

Name _____

Chart: days 1–14

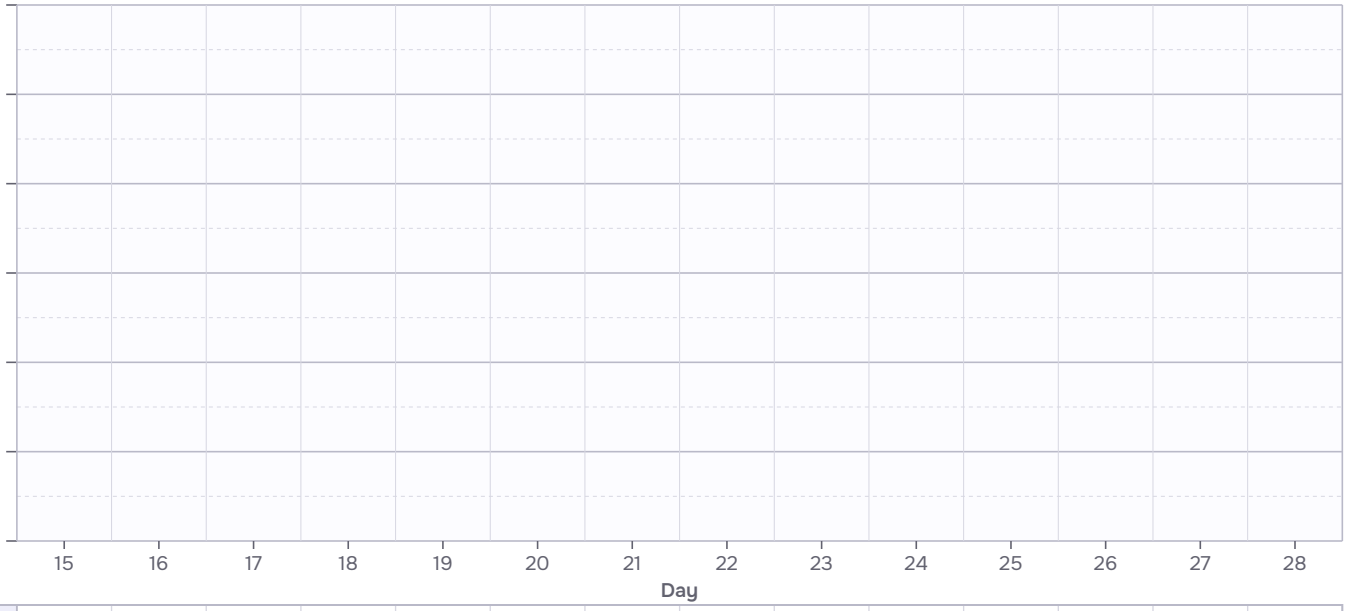
Breaths per minute



Date														
Per min														

Chart: days 15–28

Breaths per minute



Date														
Per min														

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