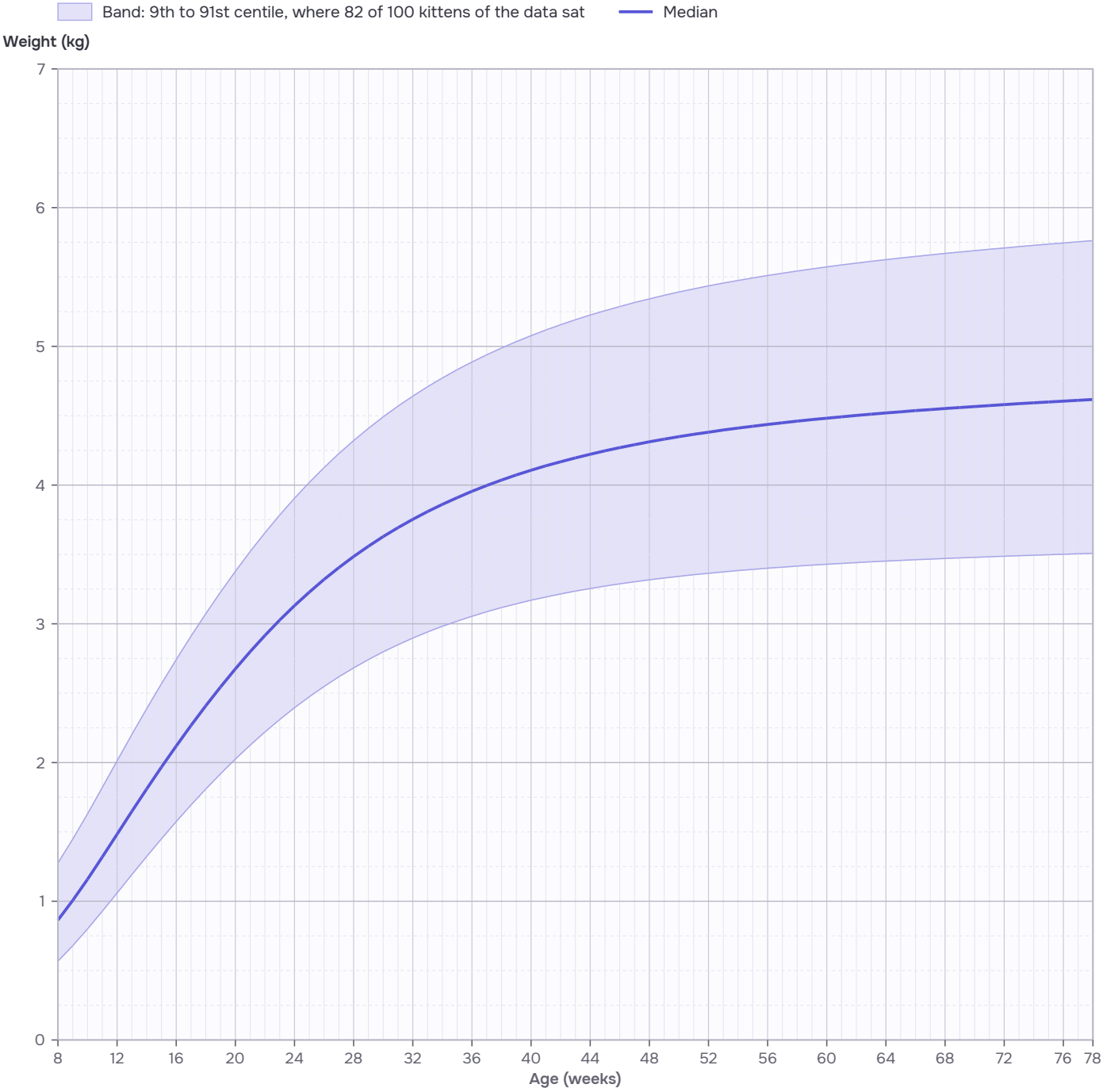
Kitten weight chart

For a male kitten. Plot each weigh-in as a dot above its age in weeks; page 2 is for a female, page 3 is the log.

Kitten's name _____ Date of birth _____ Scale used (the same every time) _____

Our fit of the open Waltham data (Salt et al. 2022), not the official WALTHAM chart. Domestic shorthair kittens, intact, 8 to 78 weeks. Outside the band: weigh again and ask your vet.

Male kittens: weight by age



Data: Salt C. et al., PLOS ONE 2022, and their open dataset (CC BY 3.0), fitted by Pettify; one line a week, labels every 4 weeks. Official charts: waltham.com/resources/kitten-growth-charts

Pettify pettifyapp.com

Pettify keeps your kitten's weigh-ins in kilograms on a chart from a week to all time, and the PDF report draws the weight trend.

Owner's personal record. The band is our fit of open research data, not a diagnosis: whether your kitten is on track is for your vet.

App Store

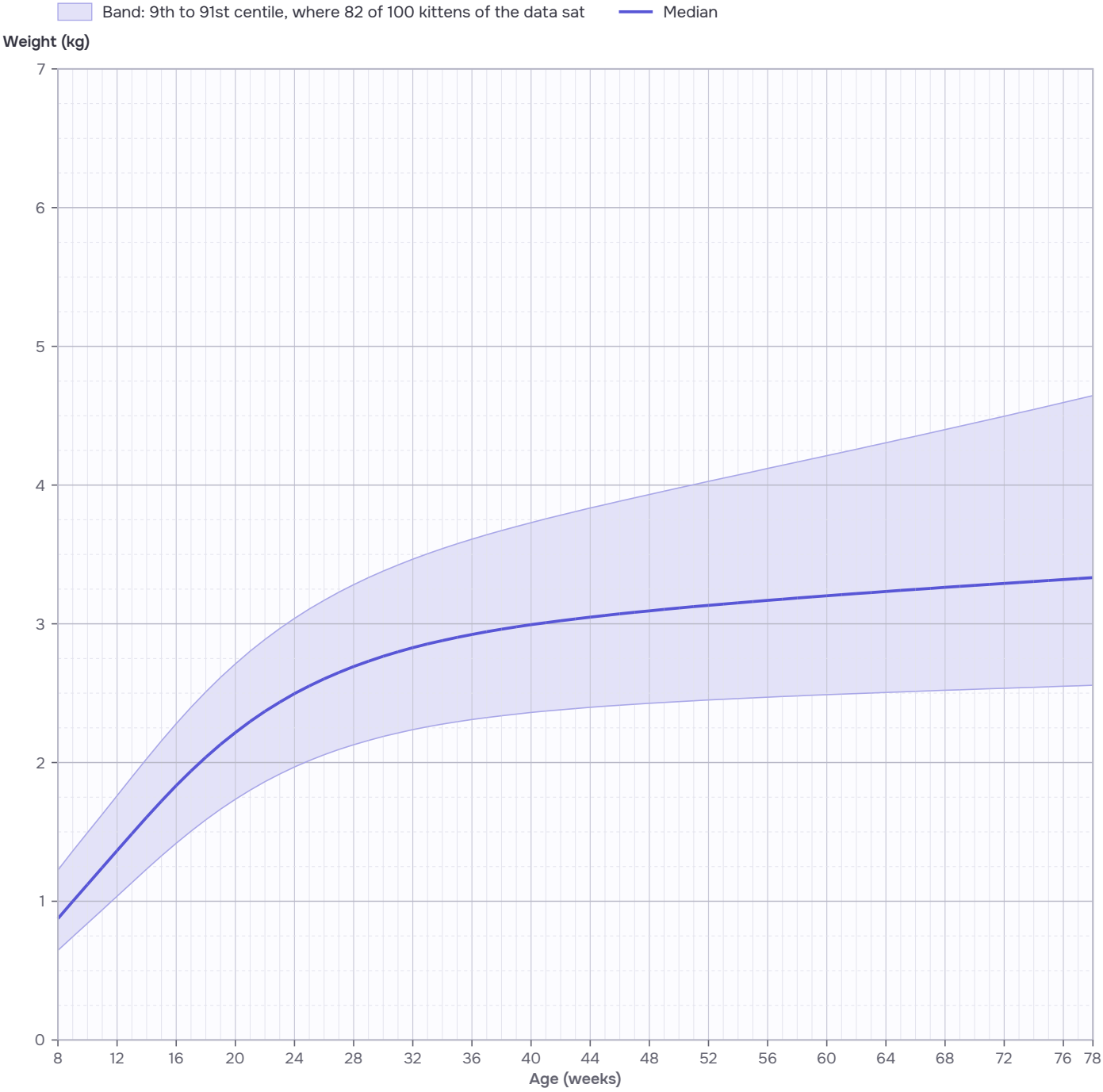
Kitten weight chart

For a female kitten. Plot each weigh-in as a dot above its age in weeks; page 1 is for a male, page 3 is the log.

Kitten's name _____ Date of birth _____ Scale used (the same every time) _____

Our fit of the open Waltham data (Salt et al. 2022), not the official WALTHAM chart. Domestic shorthair kittens, intact, 8 to 78 weeks. Outside the band: weigh again and ask your vet.

Female kittens: weight by age



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Kitten weight chart

Kitten's name _____

Weigh-in log

Date	Age (weeks)	Weight (kg)	Below, in or above the band	Notes (food, neutered, vet visit)

How to use it

- WALTHAM suggests weighing every 2 to 4 weeks until 6 months, then every 1 to 3 months until your cat is fully grown. Weigh on the same scale each time.
- A kitchen scale works for a small kitten; later, weigh yourself holding the cat and subtract your own weight.
- Weighing in pounds? Divide by 2.2 for kilograms; the US Letter chart also has a pound axis on the right.
- Compare the line of dots, not one dot. If a dot falls outside the band, weigh again and ask your vet, who also checks body condition. WALTHAM advises the vet for a kitten that is unwell for long or crosses two or more centile lines.
- The band is for intact domestic shorthair kittens: after neutering, and in breeds such as Maine Coons, growth can differ.

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